



diabetes nz
auckland

Living well with Diabetes February - April 2009

LIVING WELL WITH DIABETES*

***No charge to patients enrolled with and referred by: Procure Network Auckland, Auckland PHO, Tamaki PHO, AuckPac PHO. (Patients from other PHO's should inquire about programmes run by their PHO.)**

This course provides education that promotes health while respecting an individual's needs and choices. Living well with diabetes occurs when people develop knowledge, confidence and a range of skills that allow them to take greater control over the treatment of their condition.

Six sessions:

- What is Diabetes...
- Healthy Eating: skills for making good food choices...
- Active living choices and weight management
- Supermarket Shopping Activity
- Short and possible long-term complications
- Living well with diabetes

BOOKING FORM FOR ALL COURSES

Please book me on the following course:.....

Name:..... Phone:.....

Address:

.....

I would like to bring a support person with me

To enable us to ascertain whether you are eligible for a free place, we need to know:

I have Type 2 Diabetes I have Type 1 Diabetes

My diabetes was diagnosed in (year)

My GP is: (Name) Area:

(PHO) if known

IF FINANCIAL HARDSHIP PREVENTS YOU ATTENDING AND YOU DO NOT QUALIFY FOR AN ADHB - PROCARE FREE PLACE - DIABETES NZ AUCKLAND MAY STILL BE ABLE TO HELP

**Phone 623 2508, fax 623 2567 or
e-mail: shop@diabetesauckland.org.nz**

*We reserve the right to change or cancel advertised courses, content, dates or venues.
Should this occur, every effort will be made to rebook you onto other suitable courses.*



A GAMING MACHINE CHARITABLE TRUST

Education Terms and Conditions

Bookings can be made by phoning Diabetes NZ Auckland on (09) 623 2508 or emailing service@diabetesauckland.org.nz. Fees include GST and booking will only be confirmed on receipt of payment. Attendance is recommended at all sessions of a multi-part course but should a session be missed, every endeavour will be made to book an alternate date. A refund of amounts paid will be granted provided 48 hours notice of cancellation is given before course commences. An alternate person may be sent or booking transferred to another course. We reserve the right to change or cancel advertised courses, prices, content, dates and/or venues in which case every effort will be made to rebook a suitable alternative course or a refund given. Please direct any formal complaint in writing within 14 days to the General Manager, Diabetes NZ Auckland, PO Box 67041, Mt Eden, Auckland 1349.

